The Dragon Boat Festival has been around since the Warring States Period of the Zhou Dynasty and commemorates the death of poet Qu Yuan. Today, dragon boat racing is an annual event held in more than 40 countries.

To promote the sport of dragon boating, and to see who would shine at paddling, steering and drumming, the Christ College PE department trained a group of students to compete in dragon boat races.

Organised by the Hong Kong Association of Youth Development and sponsored by the Shatin District Council, the First Shatin District Teenage Dragon Boat Regatta was held in the Shing Mun River on October 22.

It was a colourful and boisterous event, with more than 600 spectators and athletes representing 15 senior form classes from Christ College. One of the highlights was the 200-metre race that started near the Hong Kong Dragon Boat Association’s Sha Tin training centre.

Apart from enjoying the scenic views along the Shing Mun River, our students and teachers enjoyed the races very much because of the high team spirit and cordial atmosphere.

In addition to typical prizes like trophies and medals, every champion team received a big roasted pig for a celebration dinner.